OCDNJ Quarterly Meetings

DVDs are \$15 each, 2 for \$25, and 3 for \$30

After purchasing DVDs via PayPal, please email us at ocdnjmail@gmail.com to let us know which DVDs you would like to purchase.

Steven Poskar, M.D. June 2017. "Medication Treatment of OCD: Separating Fact From Fiction."

Allen Weg, Ed.D. March 2017. "Thinking Backwards: Overcoming OCD Through Paradoxical Intention."

Success Panel. Fall 2016

Steven Poskar, M.D. "Pharmacological Treatments of OCD: The Very Latest Developments in Exploring Options"

Katherine Dahlsgaard. "Pediatric Presentations of OCD that are Often Mistaken for Something Else"

Jennifer Gola, Psy. D. "You Want Me to Do What?!: Ethical Considerations in the Treatment of OCD"

Dr. David Siegman. "Acceptance and Commitment Therapy and OCD"

Dr. Ali Mattu. "From Howard Hughes to Harry Potter: How Stories Heal OCD."

Dr. Rebecca Sachs. "Autism Spectrum Disorders and OCD."

Dr. Diana Antorino. "Therapy for OCD and Young Children."

Allen Weg, Ed.D. "Fear of Loss of Impulse Control."

Allen Weg, Ed.D. "Getting Past Go."

Allen Weg, Ed.D. "Panic and OCD."

Allen Weg, Ed.D. "The Enemy Within: Getting Aggressive with OCD."

Cynthia Haines, Psy. D. "Being a Parent with OCD."

Marla Deibler, Psy. D. "Hoarding"

Dr. David Rosmarin. "Dealing with 'Bad Thoughts' OCD."

Joseph Springer, Ph. D. "Dealing with Treatment Interfering Factors."

Dr. Julia Turovsky. "OCD Through the Lifespan."

Dr. Francine Rosenberg. "Creating a User Friendly Exposure Hierarchy."

Jeffery Cohn. "Hoarding Clean Up. Addressing 5 Major Issues When Helping Those with Hording Behaviors."

Rachel Strohl, Psy. D. "OCD in the Classroom."

Rob Zambrano, Psy. D. "Tourette's Syndrome and OCD."

Rob Zambrano, Psy. D. "Applying Buddhist Principles to the Treatment of OCD."

Dr. Steven Dykman. "Why am I or My Child on This Medication for OCD?"

Dr. Martin Franklin and Dr. Diana Antinoro. "The Latest Research on Pediatric OCD and Trichotillomania."

Dr. William Gordon. "Insights on OCD."

Dr. William Gordon. "OCD, Safety, and Self-Esteem: Hitting You Where it Hurts."

William Greenberg, M.D. "New and Experimental Pharmacological Treatment for OCD"

William Hayes, M.D. "Diagnosis and Treatment of OCD with Medications"

Dr. Rita Newman "Medications and OCD."

Jessica Page, Psy. D. "Incorporating Mindfulness Into Treatment of OCD."

Jessica Page, Psy. D. "Neurobiology of OCD."

Anthony Pinto, Ph. D. "Obsessive Compulsive Personality Disorder"

Dr. Robert Ackerman. "OCD and Hypochondriasis."

Dr. Steven Tsao. "Work Smarter Not Harder: Getting the Most out of Exposure and Response Prevention."

Erica Lander, Psy. D. "Motivational Interviewing for the Treatment of OCD."

Cynthia Radnitz. "Acceptance and Commitment Therapy in the Treatment of OCD."

Dr. Dena Rabinowitz. "Hoarding."

David Raush, Ph. D. "OCD and Generalized Anxiety Disorder."

Dr. David Rauch. "All Tangled Up: When OCD Has Multiple Layers."

Harriet Raynes Thayler, MSW, ACSW. "You, Me, and OCD: Improving Couple Relationships."

Deborah Roth-Ledley, Ph.D. "Improving Outcomes in Treatment for OCD."

Roy C. "OCD: A Survival Guide for Family and Friends."

Nancy Soleymani, Ph. D. "OCD Spectrum Disorders."

Milton Spett, Ph.D. "OCD Treatment: Beyond Exposure and Response Prevention (ExRP)."

Dr. Moira Rynn. "Medications for Pediatric OCD"

Wayne Goodman, M. D. "Deep Brain Stimulation for OCD."